

# Franchia's Gluten Free Menu

Our gluten free menu features dishes that are prepared with organic gluten free and wheat free tamari sauce. Noodle dishes feature organic gluten free noodles made of sweet potato and buckwheat.

**PLEASE NOTE:**

**All the ingredients used in the dishes below are gluten free. However, due to the presence of gluten in many of the items in our restaurant, we cannot guarantee the absence of gluten cross contact. We do not recommend these dishes for guests with celiac disease. Guests with gluten sensitivities should exercise judgment in consuming these dishes.**

## Appetizers

Porridge of The Week 5  
*pumpkin, sweet corn spinach, or black sesame*

Wheat Free Leek Pancakes 12  
*made with sweet rice flour*

## Salads

Mixed Greens with Avocado 12  
*with gluten free soy sesame dressing*

Sweet Potato & Gluten Free Buckwheat Noodle Salad 12  
*with mixed greens in gluten free soy sesame dressing*

## Rice Dishes

Avocado Bibimbap or Stone Bowl Rice 21

Vegetarian Bibimbap or Stone Bowl Rice 21

## Noodles

Bodhi Noodles 18  
*sweet potato & gluten free buckwheat noodles topped with mountain greens and vegetables*

Spicy Franchia Noodles 18  
*stir fried noodles with peanuts, dried chili, vegetables & mushrooms*

Chef Noodle Soup 18  
*sweet potato & gluten free buckwheat noodles with vegetables, tofu, bean sprout & baby bok choy*

## Main Dishes

Grilled Tofu 21  
*grilled tofu with scallions & seaweed*

Mushroom Sizzler 21  
*on a hot stone plate in gluten free brown sauce*

Soy Chicken Sizzler On A Hot Stone Plate 21  
*gluten free soy 'chicken' with vegetables sautéed with gluten free brown sauce served in a sizzling hot plate*